



prepare **better**

HEALTH SCREENINGS

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SGMC FOUNDATION

FEMALE

MEDICAL ASSESSMENT

- Doctor's Consultation
- Pre-Health Screening Evaluation
- Medical History & Risk Profile Screening
- Physical Examination
- Height & Weight
- Body Mass Index (BMI)
- Vital Signs Measurement

IMAGING

- Chest X-ray (1 view)

SCREENING TEST

- Resting Electrocardiogram
- Tonometry
- Spirometry
- Visual Acuity Test
- Colour Blind Test

MALE

LIPID SCREEN

- Total Cholesterol
- HDL
- LDL
- Triglycerides

DIABETES SCREEN

- Fasting Glucose
- HbA1c

LIVER SCREEN

- SGPT (ALT)
- SGOT (AST)

BONE AND JOINT SCREEN

- Uric Acid

HEMATOLOGY

- Complete Blood Count (CBC)

KIDNEY SCREEN

- Blood Urea Nitrogen
- Creatinine (plus eGFR)

URINE & STOOL ANALYSIS

- Urine Examination
- Stool Examination
- Beverages & Light Refreshments



SGMC ESSENTIAL

FEMALE

MEDICAL ASSESSMENT

- Doctor's Consultation
- Pre-Health Screening Evaluation
- Medical History & Risk Profile Screening
- Physical Examination
- Height & Weight
- Body Mass Index (BMI)
- Vital Signs Measurement

IMAGING

- Chest X-ray (1 view)
- Ultrasound Breast or Abdomen (Female Only)
- Ultrasound Abdomen (Male Only)
- Bone Mineral Densitometry (BMD)

SCREENING TEST

- Resting Electrocardiogram
- Tonometry
- Spirometry
- Visual Acuity Test
- Colour Blind Test

MALE

LIPID SCREEN

- Total Cholesterol
- HDL
- LDL
- Triglycerides

DIABETES SCREEN

- Fasting Glucose
- HbA1c

LIVER SCREEN

- Bilirubin (Total and Direct)
- Alkaline Phosphatase
- SGPT (ALT)
- SGOT (AST)
- Albumin
- Total Protein
- Globulin

BONE AND JOINT SCREEN

- Uric Acid

HEMATOLOGY

- Complete Blood Count (CBC)

KIDNEY SCREEN

- Blood Urea Nitrogen
- Creatinine (plus eGFR)

HEPATITIS SCREEN

- Hepatitis Bs Antigen
- Hepatitis Bs Antibody

THYROID SCREEN

- Thyroxine Free (Free T4)
- Thyroid Stimulating Hormone (TSH)

TUMOR MARKERS SCREEN

- AFP (Liver)
- CEA (Colon)

URINE & STOOL ANALYSIS

- Urine Examination
- Stool Examination



Beverages & Light Refreshments

SGMC COMPREHENSIVE

FEMALE

MEDICAL ASSESSMENT

- Doctor's Consultation
- Pre-Health Screening Evaluation
- Medical History & Risk Profile Screening
- Physical Examination
- Height & Weight
- Body Mass Index (BMI)
- Vital Signs Measurement

IMAGING

- Chest X-ray (1 view)
- Ultrasound Abdomen
- Ultrasound Breast (Female Only)
- Ultrasound Prostate (Male Only)
- Bone Mineral Densitometry (BMD)

SCREENING TEST

- Resting Electrocardiogram
- Tonometry
- Spirometry
- Visual Acuity Test
- Colour Blind Test
- Body Composition Analysis

LIPID SCREEN

- Total Cholesterol
- HDL
- LDL
- Triglycerides

MALE

DIABETES SCREEN

- Fasting Glucose
- HbA1c

LIVER SCREEN

- Bilirubin (Total and Direct)
- Alkaline Phosphatase
- SGPT (ALT)
- SGOT (AST)
- Albumin
- Total Protein
- Globulin
- GGT
- Amylase

BONE AND JOINT SCREEN

- Calcium
- Inorganic phosphate
- Uric Acid
- Rheumatoid Factor

HEMATOLOGY

- Complete Blood Count (CBC)
- ABO Group

HEPATITIS SCREEN

- Hepatitis A Antibody
- Hepatitis Bs Antigen
- Hepatitis Bs Antibody
- Hepatitis C Antibody

KIDNEY SCREEN

- Blood Urea Nitrogen
- Creatinine (Plus eGFR)
- Electrolytes

THYROID SCREEN

- Thyroxine Free (Free T4)
- Thyroid Stimulating Hormone (TSH)

TUMOR MARKERS SCREEN

- AFP (Liver)
- CEA (Colon)
- CA 19.9 (Pancreas)
- CA125 (Ovaries-Female only)
- PSA (Prostate- Male only)

URINE & STOOL ANALYSIS

- Urine Examination
- Stool Examination

VENEREAL DISEASE SCREEN

- Syphilis Antibody
- HIV Antibody

SPECIAL CATEGORY TESTS

- hsCRP
- H. Pylori IgG
- Beverages & Light Refreshments





Enquire today to find out what SGMC can do for you and your wellbeing.

 **CALL US AT 023 993 888 | 089 999 622**

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